**Athletes' Release and Waiver for EKIDEN RELAY** (MUST BE SIGNED BY ALL TEAM MEMBERS)

IMPORTANT: THIS IS A LEGAL COMMITMENT; READ IN FULL AND UNDERSTAND BEFORE AGREEING TO, AND ACCEPTING, THE TERMS HEREUNDER

In order to participate in the Innovative Fitness Half-Marathon, Ekiden Relay or 5K ("The Event"), you must accept and agree to the terms contained herein, which is a Release and Waiver of Liability ("Release") in favour of the Rotary Club of White Rock - Peace Arch, its directors and members, the Cities of White Rock and Surrey, the race volunteers, sponsors and each and every affiliate, agent and representative of the foregoing (collectively, all such parties are the "Released Parties") and by doing so, in consideration of you being accepted to participate in "The Event" for other good and valuable consideration (the sufficiency of which is hereby acknowledged), you agree as follows:

ASSUMPTION OF RISK: I recognize and understand the risks associated with participating in the Event and that participation in the Event may include risks that could be hazardous to me, and may put me at risk of serious injury or illness, including death. I acknowledge that these risks and dangers may arise from any number of circumstances, including those caused by terrain, weather conditions, equipment, facilities, vehicular traffic, other participants in the Event, failures to follow safety procedures, diagnosed or undiagnosed health conditions, and actions of other people. I acknowledge that participating in the Event requires proper physical training and I further acknowledge that I am solely responsible for ensuring that I am physically capable of participating safely in the Event. I further acknowledge that the event organizers strongly recommend for my safety and for the safety of those around me that I not use iPod or similar devices or earphone/ear bud hearing devices during the Event as the same may distract my attention from the many risks that are associated with traffic, intersection crossing, crowded conditions, other participants' movements, and so on. I hereby expressly and specifically assume the risk of injury or harm in the Event. I further confirm and agree that this Release will apply to all parts of the Event in which I participate.

WAIVER AND RELEASE: To the fullest extent permitted by law, I hereby forever release, waive, covenant not to sue, exonerate, discharge and agree to hold harmless the Released Parties from any and all liability, claims, demands, and causes of action whatsoever that I may have against the Released Parties with respect to any injury, illness, death, property damage or other loss that may result, directly or indirectly, from my participation in the Event. I specifically understand and agree that this Release forever discharges the Released Parties from any liability or claim that I may have against the Released Parties with respect to any injury, illness, death, property damage or other loss that may result from my participation in the Event, whether caused by the negligence of the Released Parties or otherwise. I further understand and confirm that the Released Parties do not assume any responsibility or obligation to provide financial or other assistance, including, but not limited to medical, health, or disability insurance, in the event of injury, illness, death, property damage or other loss.

MEDICAL TREATMENT: If I am unable to consent at the time due to injury or illness, I hereby consent to the administration of first aid and other emergency medical treatment for such injury or illness that occurs during any of my participation in the Event. Further, I hereby release and forever discharge the Released Parties from any claim whatsoever which arises or may hereafter arise on account of any first-aid treatment or other medical services rendered as contemplated hereunder.

OTHER: I expressly agree that this Release is intended to be as broad and inclusive as permitted by the laws of the Province of British Columbia and that this Release shall be governed by and interpreted in accordance with the laws of the Province of British Columbia and the laws of Canada applicable therein. I agree that in the event that any clause or provision of this Release shall be held to be invalid by any court of competent jurisdiction, the invaliding of such clause or provision shall not otherwise affect the remaining provisions of this Release which shall continue to be enforceable. I further agree that this Release shall bind my assigns, heirs, administrators and executors forever.

PHOTOGRAPHS AND PROMOTION: All photographs, video or any images taken by the event organizers of me or that include my image are the property of the Rotary Club of White Rock - Peace Arch and may be used without my further permission in all manners that the event organizers deem appropriate and I hereby consent to that use.

**We agree to all of the foregoing**: Yes: ___ No: ___

Name of Relay Team (please print):_____

Team Members:

1. _____
   **PRINT FULL NAME** **Date** **Signature**
2. _____
   **PRINT FULL NAME** **Date** **Signature**
3. _____
   **PRINT FULL NAME** **Date** **Signature**
4. _____
   **PRINT FULL NAME** **Date** **Signature**

If any team members are under the age of 19, Guardians' release here:

1. _____
   **PRINT FULL NAME** **Date** **Signature**
2. _____
   **PRINT FULL NAME** **Date** **Signature**
3. _____
   **PRINT FULL NAME** **Date** **Signature**
4. _____
   **PRINT FULL NAME** **Date** **Signature**